



# The Web of Grace

*We are centered in the promises of God, caught in the web of grace*

**APRIL 28, 2024**

## **NABC CENTER for BIBLICAL STUDIES**

**Providing Care to People Going Through Crisis / Illness**



During our lives, we will encounter many people who are facing significant crises. These people may look to us to help them, and the primary way in which we do that is through the use of ourselves as instruments of care and hope. "Providing Care to People Going Through Crisis / Illness" is a new class that will be taught by Abina Johnson who is an ACPE Certified Educator, and APC Board Certified Chaplain and Mentor in Spiritual Care Services at UCSF. Come join us on Sunday mornings at 9:45AM from May 5 - June 16!

## **REDWOOD GETAWAY**



Our annual church retreat is Memorial Day Weekend, May 24-27 at Redwood Christian Park in Boulder Creek, CA. This year we are blessed to have singer/songwriter Pat Terry and local band, 19th Avenue Roadwork as our guest artists! Invite your friends and family and join us for this wonderful time of inspiration, relaxation, and community. **Registration forms are available now, so sign-up and get ready for a wonderful time**

**\*\*\*Please note that on the Sunday of retreat (May 26) there will be no worship service at 19th Avenue. If you will not be attending retreat, we encourage you visit another church to worship there.\*\*\***

## **THE BENEFITS OF YOGA**



19<sup>th</sup> AVENUE YOGA (visit our website [www.19thavenueyoga.com](http://www.19thavenueyoga.com)) has become a wonderful ministry provided by Nineteenth Avenue Baptist Church. When most people think of yoga, they

assume the benefits are primarily physical – the increase of strength and flexibility. People who attend classes at 19<sup>th</sup> AVENUE YOGA will quickly add to that list. A regular yoga practice provides a space for quiet – we disengage from the day's lists and truly give our minds a rest. Yoga is meditative – our minds are gently drawn to important, core aspects of life – not to struggle with, but to rest with. Yoga also offers community – but you may be as connected or as anonymous as you choose. 19<sup>th</sup> AVENUE YOGA offers two classes each week: Gentle Flow Yoga on Tuesday at 3:30 and Yin Yoga on Thursdays at 3:30. There is no charge and all equipment is provided. See you on the mat!



## **CBF GLOBAL MISSIONS OFFERING 2024**

Please prayerfully consider contributing to the Cooperative Baptist Fellowship's Global Missions Offering. 100% of this contribution above our regular tithes and offerings will go to support field personnel around the world who are working to meet the physical, spiritual and emotional needs of many different people groups, and share the good news of Jesus Christ. Our church's goal this year is \$3500.



## **CBF MISSIONS GLIMPSE**

One of my first friends I made in Graz is a woman named Lita from my German class who is also from Indonesia. She was also new to Graz and recently married. Connecting was fast as we both have the shared connection of the Indonesian language. Over the months we often meet to just talk and walk around the city. The impact is mutual, one of friendship and care. She knows she can call on me any time and I can to her as well. Being new to a city culture and language can be very lonely. Through friendships we journey together and there is safely in this, especially for women. This is in itself sacred.



- Tina Boyles Bailey, field personnel, Graz, Austria

## **WEDNESDAY COVENANT GROUP**



On May 1 we are starting a new book discussion of Anne Lamott's Somehow - Thoughts on Love during our weekly zoom gatherings on Wednesdays at 7:30pm. Grab yourself a copy and join us! Let Pastor Joy know you are interested and she will send you the zoom link.

## **SOUP KITCHEN MINISTRY**

**at Martin de Porres**



Once a month, our church community joins with Martin de Porres Soup Kitchen to prepare and serve a simple meal for the hungry. **If you can chop vegetables, wash dishes, cut bread and ladle soup, we can use your help!** For more information about this important ministry, please see Pastor Joy. **This month's shift is this coming Saturday, May 4 from 9am-2pm**

**19<sup>th</sup> Avenue Baptist Church**

*Christ. Community. Care.*

*A place to belong.*

1370 19th Avenue ☎ San Francisco, California 94122 ☎ (415) 564-7721

[www.nabcsf.org](http://www.nabcsf.org) ☎ Facebook: Nineteenth Avenue Baptist Church



March 2024							April 2024							May 2024							June 2024								
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S		
					1	2	1	2	3	4	5	6				1	2	3	4							1			
3	4	5	6	7	8	9	7	8	9	10	11	12	13	5	6	7	8	9	10	11	2	3	4	5	6	7	8		
10	11	12	13	14	15	16	14	15	16	17	18	19	20	12	13	14	15	16	17	18	9	10	11	12	13	14	15		
17	18	19	20	21	22	23	21	22	23	24	25	26	27	19	20	21	22	23	24	25	16	17	18	19	20	21	22		
24	25	26	27	28	29	30	28	29	30	26	27	28	29	30	31	23	24	25	26	27	28	29	23	24	25	26	27	28	29
31																				30									

**PRAYER CONCERNS**

**Gloria Fong, Gwen's** mom as she deals with health issues.

**Zachary Wong**, as he recovers from serious injuries.

**Kathie and Joe Higgins' son, Joe Jr.'s** wellbeing.

**Selena Tang's** uncle who is very ill.

**Mary Beth Johnson Deel's** mother, **Lee Ann** who is dealing with serious health problems.

**Kent Fong's** father, **Quock**, out of hospital, but still dealing with several medical concerns

**Ann Marie Ballowe's** stepmother, dealing with cancer.

**Jay Yoshioka** as he deals with his aggressive Alzheimer's diagnosis.

**Janie Cox**, dealing with cancer; and for her family – **Russ, Rachel, Chris.**

*Prayer requests will remain on the list for one month and then be removed, unless otherwise instructed.*

**WE PRAY FOR FRIENDS & PARTNERS IN MINISTRY**

**John & Etsuko Martin**

**Basem & Wafa Qusous**, in Michigan.

**Rick and Lita Sample**, CBF missionaries to internationals in the East Bay.

Church of the Nations Pastors: **Abel Chor, Yousef Halteh, Nghia Dang, Tom Pham, Tony Kuriyama, Ochir Otgonbaatar**

**UPCOMING THIS WEEK**

**TODAY, Sunday, April 28**

**9:45 am** Sunday School / Center for Biblical Studies

**11:00 am** Worship Service

– In Person / Online via Facebook

**Wednesday, May 1**

**7:30 pm** Covenant Group

**Friday, May 3**

**7:00 pm** Student Fellowship

**Saturday, May 4**

**9am – 2pm** Martin de Porres Soup Kitchen

**Sunday, May 5**

**9:45 am** Sunday School / Center for Biblical Studies

**11:00 am** Worship Service

– In Person / Online via Facebook

**12:30 pm** MLT Meeting

**SMALL GROUP STUDIES / FELLOWSHIPS**

▶ **Young Adult Fellowship**, for adults aged 18 – 35, meets via Zoom every first Monday of the month at 7:00pm, for encouragement, support, and discussion on various life topics. Please contact Pastor Joy for more information.

▶ **NABC Student Fellowship** for youth meets every Friday from 7:00 - 8:30pm for fun activities, Bible study, community building and encouragement.

▶ Come join us on Wednesdays for **Wednesday Covenant Group** at 7:30-9:00p.m. via Zoom for fellowship, prayer and thought-provoking discussions. Please let Pastor Joy know that you'd like to participate, and she will send you the Zoom link.



**Vital Signs: Sunday, April 21, 2024**

Worship Attendance: Online and 25 in-person

**Tithes & Offerings Report**

Last week	\$	1,642.00
March to Date	\$	6,349.00
Year to date	\$	31,736.00

**Benevolent Fund**

Last week: \$0	Year to Date: \$0
----------------	-------------------

**For Pastoral Care, please call:**  
 Jim Dant, Pastor at 478-737-7298  
 Joy Yee, Pastor at 415-731-1325