



# The Web of Grace

We are centered in the promises of God, caught in the web of grace

**MAY 12, 2024**

## **NABC CENTER for BIBLICAL STUDIES**

Providing Care to People Going Through Crisis / Illness



During our lives, we will encounter many people who are facing significant crises. These people may look to us to help them, and the primary way in which we do that is through the use of ourselves as instruments of care and hope. "Providing Care to People Going Through Crisis / Illness" is a new class that will be taught by Abina Johnson who is an ACPE Certified Educator, and APC Board Certified Chaplain and Mentor in Spiritual Care Services at UCSF. Come join us on Sunday mornings at 9:45AM from May 5 - June 16!

## **REDWOOD GETAWAY**



Our annual church retreat is Memorial Day Weekend, May 24-27 at Redwood Christian Park in Boulder Creek, CA. This year we are blessed to have singer/songwriter Pat Terry and local band, 19th Avenue Roadwork as our guest artists! Invite your friends and family and join us for this wonderful time of inspiration, relaxation, and community. **Registration forms are available now, so sign-up and get ready for a wonderful time**

**\*\*\*Please note that on the Sunday of retreat (May 26) there will be no worship service at 19th Avenue. If you will not be attending retreat, we encourage you visit another church to worship there.\*\*\***

## **THE BENEFITS OF YOGA**



19<sup>th</sup> AVENUE YOGA (visit our website [www.19thavenueyoga.com](http://www.19thavenueyoga.com)) has become a wonderful ministry provided by Nineteenth Avenue Baptist Church. When most people think of yoga, they assume the benefits are primarily physical – the increase of strength and flexibility. People who attend classes at 19<sup>th</sup> AVENUE YOGA will quickly add to that list. A regular yoga practice provides a space for quiet – we disengage from the day's lists and truly give our minds a rest. Yoga is meditative – our minds are gently drawn to important, core aspects of life – not to struggle with, but to rest with. Yoga also offers community – but you may be as connected or as anonymous as you choose. 19<sup>th</sup> AVENUE YOGA offers two classes each week: Gentle Flow Yoga on Tuesday at 3:30 and Yin Yoga on Thursdays at 3:30. There is no charge and all equipment is provided. See you on the mat!



## **CBF GLOBAL MISSIONS OFFERING 2024**

Please prayerfully consider contributing to the Cooperative Baptist Fellowship's Global Missions Offering. 100% of this contribution above our regular tithes and offerings will go to support field personnel around the world who are working to meet the physical, spiritual and emotional needs of many different people groups, and share the good news of Jesus Christ. Our church's goal this year is \$3500.



## **CBF MISSIONS GLIMPSE**

### **Inspirational Friends**



When we first moved to Uganda in 2008, we needed someone to help us get all our paperwork in order. Peter was recommended to us by a friend, and he was our first hire. Peter was a go-getter. He never stopped. Young and energetic, he bulldozed his way through offices and bureaucracy. I remember one night we traveled to a project. At 4:30am he woke up and started to pray out loud and with passion. My alarm was set for 6:00. His dedication and determination inspired me. After working with us for 4 years he left to begin working with another organization. I didn't see Peter for about 9 years. Last year Peter came back older and wiser but with the same energy and determination. We hired him back to manage our sustainability department. He is taking that project on with the same tenacity. He's married now with kids and has the same fire for God and ministry. He still inspires me to pray and seek God, but I haven't quite reached that 4:30am prayer time yet.

- Jade Acker, field personnel, Kampala, Uganda

## **WEDNESDAY COVENANT GROUP**



We have started a new book discussion of Anne Lamott's Somehow - Thoughts on Love during our weekly zoom gatherings on Wednesdays at 7:30pm. Grab yourself a copy and join us! Let Pastor Joy know you are interested and she will send you the zoom link.

## **19<sup>th</sup> Avenue Baptist Church**

*Christ. Community. Care.*

*A place to belong.*

1370 19th Avenue 📍 San Francisco, California 94122 📞 (415) 564-7721

[www.nabcsf.org](http://www.nabcsf.org) 📺 Facebook: Nineteenth Avenue Baptist Church



April 2024						
S	M	T	W	T	F	S
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2024						
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June 2024						
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

**PRAYER CONCERNS**

**Gloria Fong, Gwen's** mom as she deals with health issues.

**Zachary Wong**, as he recovers from serious injuries.

**Kathie and Joe Higgins' son, Joe Jr.'s** wellbeing.

**Selena Tang's** uncle who is very ill.

**Mary Beth Johnson Deel's** mother, **Lee Ann** who is dealing with serious health problems.

**Kent Fong's** father, **Quock**, out of hospital, but still dealing with several medical concerns

**Ann Marie Ballowe's** stepmother, dealing with cancer.

**Jay Yoshioka** as he deals with his aggressive Alzheimer's diagnosis.

**Janie Cox**, dealing with cancer; and for her family – **Russ, Rachel, Chris.**

*Prayer requests will remain on the list for one month and then be removed, unless otherwise instructed.*

**WE PRAY FOR FRIENDS & PARTNERS IN MINISTRY**

**John & Etsuko Martin**

**Basem & Wafa Qusous**, in Michigan.

**Rick and Lita Sample**, CBF missionaries to internationals in the East Bay.

Church of the Nations Pastors: **Abel Chor, Yousef Halteh, Nghia Dang, Tom Pham, Tony Kuriyama, Ochir Otgonbaatar**

**UPCOMING THIS WEEK**

**TODAY, Sunday, May 12**

**9:45 am** Sunday School / Center for Biblical Studies

**11:00 am** Worship Service

– In Person / Online via Facebook

**Wednesday, May 15**

**7:30 pm** Covenant Group

**Friday, May 17**

**7:00 pm** Student Fellowship

**Sunday, May 19**

**9:45 am** Sunday School / Center for Biblical Studies

**11:00 am** Worship Service

– In Person / Online via Facebook

**12:30 pm** Congregation Meeting

**SMALL GROUP STUDIES / FELLOWSHIPS**

▶ **Young Adult Fellowship**, for adults aged 18 – 35, meets via Zoom every first Monday of the month at 7:00pm, for encouragement, support, and discussion on various life topics. Please contact Pastor Joy for more information.

▶ **NABC Student Fellowship** for youth meets every Friday from 7:00 - 8:30pm for fun activities, Bible study, community building and encouragement.

▶ Come join us on Wednesdays for **Wednesday Covenant Group** at 7:30-9:00p.m. via Zoom for fellowship, prayer and thought-provoking discussions. Please let Pastor Joy know that you'd like to participate, and she will send you the Zoom link.



Stewardship Report

**Vital Signs: Sunday, May 5, 2024**

Worship Attendance: Online and 25 in-person

**Tithe & Offerings Report** Budget Needs: \$223,761.00

Last week \$ 2,751.00

May to Date \$ 2,751.00

Year to date \$ 41,598.00

**Benevolent Fund**

Last week: \$180 Year to Date: \$180

**CBF 2024 Global Missions Offering** Goal: \$3500

Last week: \$70 Year to Date: \$70

**For Pastoral Care, please call:**  
 Jim Dant, Pastor at 478-737-7298  
 Joy Yee, Pastor at 415-731-1325