



The Web of Grace

We are centered in the promises of God, caught in the web of grace

MAY 5, 2024

NABC CENTER for BIBLICAL STUDIES

Providing Care to People Going Through Crisis / Illness



During our lives, we will encounter many people who are facing significant crises. These people may look to us to help them, and the primary way in which we do that is through the use of ourselves as instruments of care and hope. "Providing Care to People Going Through Crisis / Illness" is a new class that will be taught by Abina Johnson who is an ACPE Certified Educator, and APC Board Certified Chaplain and Mentor in Spiritual Care Services at UCSF. Come join us on Sunday mornings at 9:45AM from May 5 - June 16!

REDWOOD GETAWAY



Our annual church retreat is Memorial Day Weekend, May 24-27 at Redwood Christian Park in Boulder Creek, CA. This year we are blessed to have singer/songwriter Pat Terry and local band, 19th Avenue Roadwork as our guest artists! Invite your friends and family and join us for this wonderful time of inspiration, relaxation, and community. **Registration forms are available now, so sign-up and get ready for a wonderful time**

*****Please note that on the Sunday of retreat (May 26) there will be no worship service at 19th Avenue. If you will not be attending retreat, we encourage you visit another church to worship there.*****

THE BENEFITS OF YOGA



19th AVENUE YOGA (visit our website www.19thavenueyoga.com) has become a wonderful ministry provided by Nineteenth Avenue Baptist Church. When most people think of yoga, they assume the benefits are primarily physical – the increase of strength and flexibility. People who attend classes at 19th AVENUE YOGA will quickly add to that list. A regular yoga practice provides a space for quiet – we disengage from the day's lists and truly give our minds a rest. Yoga is meditative – our minds are gently drawn to important, core aspects of life – not to struggle with, but to rest with. Yoga also offers community – but you may be as connected or as anonymous as you choose. 19th AVENUE YOGA offers two classes each week: Gentle Flow Yoga on Tuesday at 3:30 and Yin Yoga on Thursdays at 3:30. There is no charge and all equipment is provided. See you on the mat!



CBF GLOBAL MISSIONS OFFERING 2024

Please prayerfully consider contributing to the Cooperative Baptist Fellowship's Global Missions Offering. 100% of this contribution above our regular tithes and offerings will go to support field personnel around the world who are working to meet the physical, spiritual and emotional needs of many different people groups, and share the good news of Jesus Christ. Our church's goal this year is \$3500.



CBF MISSIONS GLIMPSE

We serve churches in rural areas by installing simple solar lighting systems.



Churches have used these systems to worship and conduct Bible studies in the evenings, host community events, open their doors to women's groups to weave after dark, and to serve as a learning space for children. Pastors use the lighting to write sermons and the systems to charge their phones, saving them money and a trip to the nearest village with electricity.

In our recent follow up visits, we found a very real example of the Parable of the Talents. While four churches have put their newfound light to good use, one church has only used the system twice, for Christmas and New Year's worship services. When asked why they hadn't used the light for the benefit of the community in the ways mentioned above, they said they were scared to use it because they might break it.

Are you or your church using your gifts effectively? Or are you scared to use them?

- Mike, field personnel, Indonesia

WEDNESDAY COVENANT GROUP



We have started a new book discussion of Anne Lamott's Somehow - Thoughts on Love during our weekly zoom gatherings on Wednesdays at 7:30pm. Grab yourself a copy and join us! Let Pastor Joy know you are interested and she will send you the zoom link.

19th Avenue Baptist Church

Christ. Community. Care.

A place to belong.

1370 19th Avenue ☎ San Francisco, California 94122 ☎ (415) 564-7721

www.nabcsf.org ☎ Facebook: Nineteenth Avenue Baptist Church



April 2024						
S	M	T	W	T	F	S
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2024						
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June 2024						
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

PRAYER CONCERNS

- Gloria Fong, Gwen's** mom as she deals with health issues.
- Zachary Wong**, as he recovers from serious injuries.
- Kathie and Joe Higgins' son, Joe Jr.'s** wellbeing.
- Selena Tang's** uncle who is very ill.
- Mary Beth Johnson Deel's** mother, **Lee Ann** who is dealing with serious health problems.
- Kent Fong's** father, **Quock**, out of hospital, but still dealing with several medical concerns
- Ann Marie Ballowe's** stepmother, dealing with cancer.
- Jay Yoshioka** as he deals with his aggressive Alzheimer's diagnosis.
- Janie Cox**, dealing with cancer; and for her family – **Russ, Rachel, Chris.**

Prayer requests will remain on the list for one month and then be removed, unless otherwise instructed.

WE PRAY FOR FRIENDS & PARTNERS IN MINISTRY

- John & Etsuko Martin**
- Basem & Wafa Qusous**, in Michigan.
- Rick and Lita Sample**, CBF missionaries to internationals in the East Bay.
- Church of the Nations Pastors: **Abel Chor, Yousef Halteh, Nghia Dang, Tom Pham, Tony Kuriyama, Ochir Otgonbaatar**

UPCOMING THIS WEEK

- TODAY, Sunday, May 5**
 - 9:45 am** Sunday School / Center for Biblical Studies
 - 11:00 am** Worship Service – In Person / Online via Facebook
 - 12:30 pm** MLT Meeting
- Wednesday, May 8**
 - 7:30 pm** Covenant Group
- Friday, May 10**
 - 7:00 pm** Student Fellowship
- Sunday, May 12**
 - 9:45 am** Sunday School / Center for Biblical Studies
 - 11:00 am** Worship Service – In Person / Online via Facebook

SMALL GROUP STUDIES / FELLOWSHIPS

- ▶ **Young Adult Fellowship**, for adults aged 18 – 35, meets via Zoom every first Monday of the month at 7:00pm, for encouragement, support, and discussion on various life topics. Please contact Pastor Joy for more information.
- ▶ **NABC Student Fellowship** for youth meets every Friday from 7:00 - 8:30pm for fun activities, Bible study, community building and encouragement.
- ▶ Come join us on Wednesdays for **Wednesday Covenant Group** at 7:30-9:00p.m. via Zoom for fellowship, prayer and thought-provoking discussions. Please let Pastor Joy know that you'd like to participate, and she will send you the Zoom link.



Vital Signs: Sunday, April 28, 2024	
Worship Attendance: Online and 25 in-person	
Tithes & Offerings Report	Budget Needs: \$223,761.00
Last week	\$ 7,111.00
March to Date	\$ 13,460.00
Year to date	\$ 38,847.00
Benevolent Fund	
Last week: \$180	Year to Date: \$180
CBF 2024 Global Missions Offering Goal: \$3500	
Last week: \$0	Year to Date: \$0

For Pastoral Care, please call:
 Jim Dant, Pastor at 478-737-7298
 Joy Yee, Pastor at 415-731-1325